



**Calling All Smokers**

**Is Quitting Smoking in Your Future?**

Join our  
Stop Smoking Class  
at SFGH in September 2008

- Date:** Tuesday, September 2nd “Commit to Quit” session\*  
followed by six Tuesdays:  
September 9th through October 14th
- Location:** 1001 Potrero Ave, Bldg 30, Room 3208
- Time:** 5:30 - 7:30 pm
- Cost:** Free

\* please note: attendance is required at the “Commit to Quit” session

**Quitting is possible!**

Call 206-6074 to register